



## Neurodiversity Resource Guide

This guide features a list of resources unrelated to Paragon Autism Services, aimed at assisting caregivers in their journey of supporting individuals who are neurodivergent. For the most recent edition, edits, suggestions, or updates, please contact: [info@paragonautismservices.com](mailto:info@paragonautismservices.com).

### Advocacy, Legal, and Financial

#### Commonwealth Community Trust (CCT)

Phone: 804-740-6930  
Address: PO Box 29408  
Richmond, VA 23242  
Email: [contact@trustCCT.org](mailto:contact@trustCCT.org)  
<https://commonwealthcommunitytrust.org/>

#### disAbility Law Center of Virginia (dCLV)

Phone: 1-800-522-3962  
Address: 1512 Willow Lawn Drive,  
Suite 100  
Richmond, VA 23230  
Email: [info@dLCV.org](mailto:info@dLCV.org)  
<https://www.dlcv.org/>

#### The Law Office of Amy E. McCullough

Phone: 540-300-4588  
Address: PO Box 29408  
Richmond, VA 23242  
Email: [amccullough@amcculloughlaw.com](mailto:amccullough@amcculloughlaw.com)

### Developmental Disabilities

#### Autistic Self Advocacy Network (ASAN)

Email: [info@autisticadvocacy.org](mailto:info@autisticadvocacy.org)  
<https://autisticadvocacy.org/>

#### Moms in Motion

Phone: 1-800-417-0908  
Email: [info@momsinmotion.net](mailto:info@momsinmotion.net)

#### Parent Education Advocacy Training Center (PEATC)

Phone: 703-923-0010  
Toll Free: 1-800-869-6782  
[www.peatc.org](http://www.peatc.org)

### Mental Health

#### Virginia Organization of Consumers Asserting Leadership (VOCAL)

Phone: 804-343-1777  
<https://www.vocalvirginia.org/>

### Crisis Prevention and Intervention

#### Developmental Disabilities

##### REACH

Phone: 855-897-8278  
Hours: 24/7

#### Mental Health

##### CR2

Phone: 571-364-7390  
Hours: 24/7

#### National Crisis Hotline

Phone: 1-800-273-8255  
Hours: 24/7  
*Hablas español.*

#### 988 Suicide and Crisis Lifeline

Text: 988  
Hours: 24/7  
Web: 988  
Hours: 24/7  
<https://988lifeline.org/chat/>  
*Hablas español.*

#### Mental Health America of Virginia Warm Line

Phone: 1-866-400-6482  
Hours: 9 AM- 9 PM, Mon-Fri  
5 PM-9 PM, Sat,Sun-Holidays  
Text: 1-866-400-6482  
Hours: 5 PM- 9 PM, Wed-Fri-Sat  
<https://mhav.org/support/warm-line/>  
*Soporte de texto / chat de 5 PM a 9 PM los miércoles, viernes y sábados. Servicios en español todos los viernes y sábados de 5 PM a 9 PM. Llama o envía un mensaje de texto.*

### Diagnostic Services

#### Children's Hospital of Richmond at VCU

Phone: 804-828-2467  
Address: 3600 W. Broad Street, Suite 115  
Richmond, VA 23230  
<https://www.chrichmond.org/services/develo>



[pmental-pediatrics](#)

### Children's National Hospital Center for Autism Spectrum Disorders

Phone: 301-765-5340  
Address: 15245 Shady Grove Road,  
Suite 350  
Rockville, Maryland 20850

<https://childrensnational.org/departments/center-for-neuroscience-and-behavioral-medicine/programs-and-services/center-for-autism-spectrum-disorders>

### Kennedy Krieger Institute Center for Autism and Related Disorders

Phone: 443-923-7630  
Address: 707 North Broadway  
Baltimore, MD 21205

<https://www.kennedykrieger.org/patient-care/centers-and-programs/center-for-autism-and-related-disorders/clinical-services>

### UVA Children's Health

Phone: 434-924-2291  
Address: 1215 Lee Street  
Charlottesville, VA 22903

<https://childrens.uvahealth.com/services/developmental-disabilities-delays>

### Virginia Tech Autism Clinic and Center for Autism Research

Phone: 540-231-6914  
Address: 3110 Prices Fork Road  
Blacksburg, VA 24061

Email: [brlipes@vt.edu](mailto:brlipes@vt.edu)  
<https://www.vtcar.science.vt.edu/clinical-services/assessment.html>

## Education

### Infant and Toddler Connection of Prince William, Manassas and Manassas Park

Phone: 703-792-7879  
Address: 7987 Ashton Avenue Suite 231  
Manassas, VA 20109

[www.pwcva.gov/department/community-services/infant-toddler-services](http://www.pwcva.gov/department/community-services/infant-toddler-services)

### PWCS Child Find

Phone: 703-791-8857

[https://www.pwcs.edu/academics\\_programs/special\\_education/child\\_find/index](https://www.pwcs.edu/academics_programs/special_education/child_find/index)

### PWCS Special Education PTA

Phone: 571-316-0979  
Address: 3360 Post Office Road #7173  
Woodbridge, VA 22193

Email: [president@pwcsepta.org](mailto:president@pwcsepta.org)  
<https://www.pwcsepta.org/#about>

## Local Organizations

### Developmental Disabilities Autism Society of Northern Virginia (ASNVA)

Office: 571-328-5792  
En Español: 571-312-9494  
Email: [info@asnva.org](mailto:info@asnva.org),  
[Spanish-familias@asnva.org](mailto:Spanish-familias@asnva.org)  
[www.asnv.org](http://www.asnv.org)

### The Arc of Greater Prince William/INSIGHT

Phone: 703-670-4800  
Email: [info@arcgwpw.org](mailto:info@arcgwpw.org)  
<https://arcgwpw.org/>

## National Organizations

### Developmental Disabilities

**Autism Society**  
<https://autismsociety.org/>

**Autism Speaks**  
<https://www.autismspeaks.org/>

## Primary Care Physicians

### ALL Pediatrics

Phone: 703-491-4131  
Address: 4500 Pond Way, Suite 220  
Woodbridge, VA 22192

<https://allpeds.com/>  
*Hablas español.*

### Boulevard Center Pediatrics

Phone: 703-670-0300  
Address: 3733 Fettle Park Dr.  
Dumfries, VA 22025



<https://www.boulevardcenterpediatrics.com/index.html>

### Woodbridge Pediatrics

Phone: 703-494-1144  
Address: 1924 Opitz Boulevard  
Woodbridge, VA 22191

<https://woodbridgepediatrics.com/>

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## Counseling Services

### Paragon Autism Services

Phone: 540-279-3889  
Address: 4000 Genesee Pl #205  
Lake Ridge, VA 22192

<https://paragonautismservices.com/service/outpatient-counseling/>

## Recreation

### Developmental Disabilities

#### Pozez JCC of Northern Virginia- Aquatics

Phone: 703-323-0880  
Address: 8900 Little River Turnpike  
Fairfax, VA 22031

<https://www.jconnect.org/department/pozez-jcc-of-northern-virginia-aquatics/>

#### Prince William County Parks and Rec

Phone: 703-792-8066  
<https://parksandrec.pwcgov.org/wbWSC/webtrac.wsc/search?module=AR&category=ADAPTI VE>

#### Rainbow Therapeutic Riding Center

Phone: 703-794-5308  
Address: 16198 Silver Lake Rd.  
Haymarket, VA 20169

<https://www.rainbowriding.org/>

#### Simple Changes Therapeutic Riding Center

Address: 10800 Belmont Blvd.  
Mason Neck, VA 22079

<https://simplechanges.org/>

#### Sprout Therapeutic Riding and Education Center

Phone: 571-367-4555  
Address: 40685 John Mosby Hwy  
Aldie, Virginia 20105

<http://sproutcenter.org/>

### Special Olympics Virginia Area 23

Phone: 571-577-8035  
<https://www.specialolympicsva.org/rappahanock-region/area-23?locale=en>

### TOPSoccer

<https://www.pwsi.org/topsoccer>

## Respite

### Developmental Disabilities

#### Jill's House

Phone: 703- 639-5660  
[www.Jillshouse.org](http://www.Jillshouse.org)

## Speech, Occupational, and Physical Therapy

### Developmental Disabilities

#### IvyRehab for Kids (OT, PT, SLP)

Phone: 571-285-0331  
Address: 2501 Hunters Place, Suite 101  
Woodbridge, VA 22192

<https://www.ivyrehab.com/location/woodbridge-kids-va/>

Phone: 804-601-4773  
Address: 7051 Heathcote Vlg Wy Unit 105,  
Gainesville, VA 20155

<https://www.ivyrehab.com/location/midlothian-kids-va/>

### Pediatric Achievements

Phone: 703-491-1044  
Address: 2239 Tacketts Mill Drive  
Suite K  
Lake Ridge, VA 22192

<https://pediatricachievements.com/>

### Sentara (OT, PT, SLP)

Phone: 703-523-1680  
Address: 2300 Opitz Boulevard  
Woodbridge, VA



<https://www.sentara.com/hospitalslocations/sentara-northern-virginia-medical-center>

Phone: 703-523-8750  
Address: 4565 Daisy Reid Avenue,  
Suite 215  
Woodbridge, VA 22192

<https://www.sentara.com/hospitalslocations/sentara-therapy-centers/locations/sentara-therapy-center-reid>

## State of Virginia

### Department of Medical Assistance Services (DMAS)

Phone: 804 786-7933  
[www.dmas.virginia.gov](http://www.dmas.virginia.gov)

### Department of Behavioral Health and Developmental Services (DBHDS)

Phone: 804-786-3921  
<https://dbhds.virginia.gov/>

### Developmental Disabilities Virginia Assistive Technology System

VATS Phone: 804-662-9990  
Voice Toll Free: 800-552-5019  
TTY Toll Free: 800-464-9950  
[www.vats.org](http://www.vats.org)

### Mental Health

#### National Alliance on Mental Illness (NAMI), Virginia

Phone: 1-888-486-8264 Ext. 202  
or 1-804-285-8264 Ext. 202  
<https://namivirginia.org/>

## Support Groups

### Paragon Autism Services Neurodivergent Caregiver Support Group

<https://www.facebook.com/groups/1420440675403194>

### Developmental Disabilities

#### POAC-NOVA

Phone: 703- 249-5099  
Email: [theboard@poac-nova.org](mailto:theboard@poac-nova.org)  
<https://poac-nova.org/>

### PWC Autism

<https://www.facebook.com/groups/1420440675403194>

## Adult Services

### Social Security Administration

Phone: 1-800-772-1213  
TTY: 1-800-325-0778  
[www.ssa.gov](http://www.ssa.gov)

### Developmental Disabilities

#### Independence Empowerment Center

Phone/TTY: (703) 257-5400  
<https://ieccil.org/>

### Easy Access

[www.Easyaccess.virginia.gov](http://www.Easyaccess.virginia.gov)

### The Arc of Greater Prince William/INSIGHT

Phone: 703- 670-4800  
Email: [info@arcgpw.org](mailto:info@arcgpw.org)  
<https://arcgpw.org/>

### Department for Aging and Rehabilitative Services

Voice: 804-662-7000  
Toll Free: 800-552-5019 or 711  
[www.vadrs.org](http://www.vadrs.org)

### Virginia Navigator

<https://virginiannavigator.org/>

### Virtual Center for Active Adults

<https://www.fairfaxcounty.gov/neighborhood-community-services/virtual-center-active-adults>

## Caregiver Resources and Training

### Developmental Disabilities

#### Autism Internet Modules

<https://autisminternetmodules.org/>

### I'm Determined

<https://imdetermined.org/families/>

### Kennedy Krieger Early Signs of Autism



## Video Tutorial

<https://www.kennedykrieger.org/patient-care/centers-and-programs/center-for-autism-and-related-disorders/outreach-and-training/early-signs-of-autism-video-tutorial>

*Disponible en español.*

## National Standards Project

<https://nationalautismcenter.org/resources/for-families/>

## Organization for Autism Research (OAR)

<https://researchautism.org/families/>

## PWCS Parent Resource Center

Phone: 703-791-7935  
Address: Kelly Leadership Center  
Second Floor, Suite 2200  
14715 Bristow Rd.  
Manassas, VA 20112

Email: [ContreEM@pwcs.edu](mailto:ContreEM@pwcs.edu)  
[https://www.pwcs.edu/academics/\\_program/s/special\\_education/parent\\_resource\\_center/](https://www.pwcs.edu/academics/_program/s/special_education/parent_resource_center/)  
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## VCU Autism Center for Excellence: Virginia Autism Resource Center

<https://vcuautismcenter.org/about/projects/varc.cfm>

## Wrightslaw

<https://www.wrightslaw.com/>