



Neurodiversity Resource Guide

This guide features a list of resources unrelated to Paragon Autism Services, aimed at assisting caregivers in their journey of supporting individuals who are neurodivergent. For the most recent edition, edits, suggestions, or updates, please contact: info@paragonautismservices.com.

Advocacy, Legal, and Financial

Commonwealth Community Trust (CCT)

Phone: 804-740-6930
Address: PO Box 29408
Richmond, VA 23242
Email: contact@trustCCT.org
<https://commonwealthcommunitytrust.org/>

disAbility Law Center of Virginia (dCLV)

Phone: 1-800-522-3962
Address: 1512 Willow Lawn Drive,
Suite 100
Richmond, VA 23230
Email: info@dLCV.org
<https://commonwealthcommunitytrust.org/>

The Law Office of Amy E. McCullough

Phone: 540-300-4588
Address: PO Box 29408
Richmond, VA 23242
Email: amccullough@amcculloughlaw.com

Developmental Disabilities

Autistic Self Advocacy Network (ASAN)

Email: info@autisticadvocacy.org
<https://autisticadvocacy.org/>

Moms in Motion

Phone: 1-800-417-0908
Email: info@momsinmotion.net

Parent Education Advocacy Training Center (PEATC)

Phone: 703-923-0010
Toll Free: 1-800-869-6782
www.peatc.org

Mental Health

Virginia Organization of Consumers Asserting Leadership (VOCAL)

Phone: 804-343-1777
<https://www.vocalvirginia.org/>

Crisis Prevention and Intervention

Developmental Disabilities

REACH

Phone: 855-897-8278
Hours: 24/7

Mental Health

CR2

Phone: 571-364-7390
Hours: 24/7

National Crisis Hotline

Phone: 1-800-273-8255
Hours: 24/7
Hablas español.

988 Suicide and Crisis Lifeline

Text: 988
Hours: 24/7
Web: 988
Hours: 24/7
<https://988lifeline.org/chat/>
Hablas español.

Mental Health America of Virginia Warm Line

Phone: 1-866-400-6482
Hours: 9 AM- 9 PM, Mon-Fri
5 PM-9 PM, Sat,Sun-Holidays
Text: 1-866-400-6482
Hours: 5 PM- 9 PM, Wed-Fri-Sat
<https://mhav.org/support/warm-line/>
Soporte de texto / chat de 5 PM a 9 PM los miércoles, viernes y sábados. Servicios en español todos los viernes y sábados de 5 PM a 9 PM. Llama o envía un mensaje de texto.

Diagnostic Services

Children's Hospital of Richmond at VCU

Phone: 804-828-2467
Address: 3600 W. Broad Street, Suite 115
Richmond, VA 23230
<https://www.chrichmond.org/services/develo>



[pmental-pediatrics](#)

Children's National Hospital Center for Autism Spectrum Disorders

Phone: 301-765-5340
Address: 15245 Shady Grove Road,
Suite 350
Rockville, Maryland 20850

<https://childrensnational.org/departments/center-for-neuroscience-and-behavioral-medicine/programs-and-services/center-for-autism-spectrum-disorders>

Kennedy Krieger Institute Center for Autism and Related Disorders

Phone: 443-923-7630
Address: 707 North Broadway
Baltimore, MD 21205

<https://www.kennedykrieger.org/patient-care/centers-and-programs/center-for-autism-and-related-disorders/clinical-services>

UVA Children's Health

Phone: 434-924-2291
Address: 1215 Lee Street
Charlottesville, VA 22903

<https://childrens.uvahealth.com/services/developmental-disabilities-delays>

Virginia Tech Autism Clinic and Center for Autism Research

Phone: 540-231-6914
Address: 3110 Prices Fork Road
Blacksburg, VA 24061

Email: brlipes@vt.edu
<https://www.vtcar.science.vt.edu/clinical-services/assessment.html>

Education

Infant and Toddler Connection of Prince William, Manassas and Manassas Park

Phone: 703-792-7879
Address: 7987 Ashton Avenue Suite 231
Manassas, VA 20109

www.pwcva.gov/department/community-services/infant-toddler-services

PWCS Child Find

Phone: 703-791-8857

https://www.pwcs.edu/academics_programs/special_education/child_find/index

PWCS Special Education PTA

Phone: 571-316-0979
Address: 3360 Post Office Road #7173
Woodbridge, VA 22193

Email: president@pwcsepta.org
<https://www.pwcsepta.org/#about>

Local Organizations

Developmental Disabilities Autism Society of Northern Virginia (ASNVA)

Office: 571-328-5792
En Español: 571-312-9494
Email: info@asnva.org,
Spanish-familias@asnva.org

www.asnv.org

The Arc of Greater Prince William/INSIGHT

Phone: 703-670-4800
Email: info@arcgwpw.org
<https://arcgwpw.org/>

National Organizations

Developmental Disabilities Autism Society

<https://autismsociety.org/>

Autism Speaks

<https://www.autismspeaks.org/>

Primary Care Physicians

ALL Pediatrics

Phone: 703-491-4131
Address: 4500 Pond Way, Suite 220
Woodbridge, VA 22192

<https://allpeds.com/>

Hablas español.

Boulevard Center Pediatrics

Phone: 703-670-0300
Address: 3733 Fettle Park Dr.
Dumfries, VA 22025



<https://www.boulevardcenterpediatrics.com/index.html>

Woodbridge Pediatrics

Phone: 703-494-1144
Address: 1924 Opitz Boulevard
Woodbridge, VA 22191

<https://woodbridgepediatrics.com/>

Hablas español.

يتحدث العربية

Recreation

Developmental Disabilities

Pozez JCC of Northern Virginia- Aquatics

Phone: 703-323-0880
Address: 8900 Little River Turnpike
Fairfax, VA 22031

<https://www.jconnect.org/department/pozez-jcc-of-northern-virginia-aquatics/>

Prince William County Parks and Rec

Phone: 703-792-8066
<https://parksandrec.pwccgov.org/wbWSC/web/rac.wsc/search?module=AR&category=ADAPTIVE>

Rainbow Therapeutic Riding Center

Phone: 703-794-5308
Address: 16198 Silver Lake Rd.
Haymarket, VA 20169

<https://www.rainbowriding.org/>

Simple Changes Therapeutic Riding Center

Address: 10800 Belmont Blvd.
Mason Neck, VA 22079

<https://simplechanges.org/>

Sprout Therapeutic Riding and Education Center

Phone: 571-367-4555
Address: 40685 John Mosby Hwy
Aldie, Virginia 20105

<http://sproutcenter.org/>

Special Olympics Virginia Area 23

Phone: 571-577-8035
<https://www.specialolympicsva.org/rappahannock-region/area-23?locale=en>

TOPSoccer

<https://www.pwsi.org/topsoccer>

Respite

Developmental Disabilities

Jill's House

Phone: 703- 639-5660

www.Jillshouse.org

Speech, Occupational, and Physical Therapy

Developmental Disabilities

IvyRehab for Kids (OT, PT, SLP)

Phone: 571-285-0331
Address: 2501 Hunters Place, Suite 101
Woodbridge, VA 22192

<https://www.ivyrehab.com/location/woodbridge-kids-va/>

Phone: 804-601-4773
Address: 7051 Heathcote Vlg Wy Unit
105,
Gainesville, VA 20155

<https://www.ivyrehab.com/location/midlothian-kids-va/>

Pediatric Achievements

Phone: 703-491-1044
Address: 2239 Tackett's Mill Drive
Suite K
Lake Ridge, VA 22192

<https://pediatricachievements.com/>

Sentara (OT, PT, SLP)

Phone: 703-523-1680
Address: 2300 Opitz Boulevard
Woodbridge, VA

<https://www.sentara.com/hospitalslocations/sentara-northern-virginia-medical-center>

Phone: 703-523-8750
Address: 4565 Daisy Reid Avenue,
Suite 215
Woodbridge, VA 22192

<https://www.sentara.com/hospitalslocations/sentara-therapy-centers/locations/sentara-therapy-center-reid>



State of Virginia

Department of Medical Assistance Services (DMAS)

Phone: 804-786-7933
www.dmas.virginia.gov

Department of Behavioral Health and Developmental Services (DBHDS)

Phone: 804-786-3921
<https://dbhds.virginia.gov/>

Developmental Disabilities Virginia Assistive Technology System

VATS Phone: 804-662-9990
Voice Toll Free: 800-552-5019
TTY Toll Free: 800-464-9950
www.vats.org

Mental Health

National Alliance on Mental Illness (NAMI), Virginia

Phone: 1-888-486-8264 Ext. 202
or 1-804-285-8264 Ext. 202
<https://namivirginia.org/>

Support Groups

Paragon Autism Services Neurodivergent Caregiver Support Group

<https://www.facebook.com/groups/1420440675403194>

Developmental Disabilities

POAC-NOVA

Phone: 703-249-5099
Email: theboard@poac-nova.org
<https://poac-nova.org/>

PWC Autism

<https://www.facebook.com/groups/1420440675403194>

Adult Services

Social Security Administration

Phone: 1-800-772-1213
TTY: 1-800-325-0778
www.ssa.gov

Developmental Disabilities

Independence Empowerment Center

Phone/TTY: (703) 257-5400
<https://ieccil.org/>

Easy Access

www.Easyaccess.virginia.gov

The Arc of Greater Prince William/INSIGHT

Phone: 703-670-4800
Email: info@arcgpw.org
<https://arcgpw.org/>

Department for Aging and Rehabilitative Services

Voice: 804-662-7000
Toll Free: 800-552-5019 or 711
www.vadrs.org

Virginia Navigator

<https://virginiannavigator.org/>

Virtual Center for Active Adults

<https://www.fairfaxcounty.gov/neighborhood-community-services/virtual-center-active-adults>

Caregiver Resources and Training

Developmental Disabilities

Autism Internet Modules

<https://autisminternetmodules.org/>

I'm Determined

<https://imdetermined.org/families/>

Kennedy Krieger Early Signs of Autism Video Tutorial

<https://www.kennedykrieger.org/patient-care/centers-and-programs/center-for-autism-and-related-disorders/outreach-and-training/early-signs-of-autism-video-tutorial>

Disponible en español.

National Standards Project

<https://nationalautismcenter.org/resources/for-families/>



Organization for Autism Research (OAR)

<https://researchautism.org/families/>

PWCS Parent Resource Center

Phone: 703-791-7935

Address: Kelly Leadership Center
Second Floor, Suite 2200
14715 Bristow Rd.
Manassas, VA 20112

Email: ContreEM@pwcs.edu

https://www.pwcs.edu/academics_programs/special_education/parent_resource_center/

VCU Autism Center for Excellence: Virginia Autism Resource Center

<https://vcuautismcenter.org/about/projects/varc.cfm>

Wrightslaw

<https://www.wrightslaw.com/>